



# Banc Bwyd

## *Food Bank*

Os wyddoch chi am unrhyw un a fyddai'n elwa o gymorth banc bwyd yna os gwelwch yn dda e-bostiwch ein Cyngorydd Sir ac fe all drefnu hyn:

*If you know of anyone who would benefit from the help of a food bank then please e-mail our County Councillor who can make arrangements :*

[cllr.austin.roberts@conwy.gov.uk](mailto:cllr.austin.roberts@conwy.gov.uk)

